



THE SOLENT SCHOOLS

SOLENT INFANT SCHOOL, EVELEGH RD, PORTSMOUTH, HANTS. PO6 1DH - SOLENTINFANT@THESOLENTSCHOOLS.ORG - TEL: 023 9237 1073
SOLENT JUNIOR SCHOOL, SOLENT RD, PORTSMOUTH, HANTS. PO6 1HJ - SOLENTJUNIOR@THESOLENTSCHOOLS.ORG - TEL: 023 9237 5459

5 October 2020

#Hello Yellow – Let's Brighten Up A School Day!

Dear Parents and Carers

On Friday 9th October, The Solent Schools will be saying #HelloYellow in support of YoungMinds for World Mental Health Day. The aim being to brighten up a school day and show young people they're not alone with their mental health.

We are inviting all pupils to come into school dressed in something yellow or simply wearing clothes that are as bright as possible (non-school uniform) on Friday 9th October. All we ask is for a small voluntary donation to support the YoungMinds charity. Simply [click here](#) to access The Solent Schools fundraising page where you are able to donate online.

We have all felt and seen the effects of isolation over the past few months. This time has been especially hard for young people and parents. The work we do to help children and young people with their mental health is needed now more than ever.

This year's #HelloYellow theme is all about coming together. At Solent, we are bringing our school community together after a difficult time and showing that we care about how they feel. It also gives us a wonderful opportunity to emphasize the importance of looking out for each other and getting everyone feeling hopeful about the future. The aims of the day are to encourage togetherness, boost wellbeing, increase creativity and increase awareness of the importance of looking after your mental health. Each year group will be engaging in activities that are age and stage appropriate as well as all coming together for a #HelloYellow virtual assembly.

We would like to thank you in advance for your continued support.

Yours sincerely

E Curthoys
Head of School SIS

L Peterkin-Aldred
Head of School SJS

L Wilby
Executive Headteacher