

# Year 1 – Dream Big, Reach High!

Key Aim – To identify changes in healthcare within living memory, influenced by Florence Nightingale and Mary Seacole.

## Key facts:

- Florence Nightingale and Mary Seacole were two women who helped changed how people thought of women and nursing.
- Florence Nightingale changed the way that hospitals looked after their patients and the way people thought about nurses and women. She made hospitals cleaner, provided good food and saved many lives. Florence showed that trained nurses and clean hospitals could help sick people get better. Because of this, she is called the founder of modern nursing.
- Mary Seacole is remembered for her role in helping wounded soldiers in the Crimean War. She fought against being treated differently because of the colour of her skin.

## Key Concepts and Skills:

- Identify changes within living memory and aspects of change in national life.
- To understand how the Crimean War was a significant national event that was crucial in advancement of nursing.
- To recognise Mary Seacole and Florence Nightingale are from the past, but contributed to national and international achievements.

## Key Vocabulary:

Florence	Soldiers	Crimea
Crimean War	Lady of the Lamp	Italy
Patients	Hospital	Hygienic
Nurse	Women	Founder
Nursing	Race	Herbal
African	Caribbean	Military

## Quality Texts to Inspire Us:

- Little People, Big Dreams: Florence Nightingale



**YEAR 1**  
*Dream Big, Reach High!*  
*Spring i 2026*

Outcome:

*To identify changes of healthcare within living memory*

Hook:

Magic Grandad: Florence Nightingale  
Trip to Fort Nelson

As **Readers**, we will:

- Read tricky words with greater fluency
- Continue to learn phase 5 sounds
- Increase fluency in reading by blending in my head
- To be able to find answers to questions in the text

Key Texts:

- Little People, Big Dreams: Florence Nightingale
- Little Wandle reading books

As **Writers**, we will:

- Write simple sentence that make sense
- Leave spaces between words
- To use capital letters and full stops with greater consistency
- Check my sentence makes sense
- Use un- prefix

Key Vocabulary:

- Capital letter
- Full stop
- Sentence
- Conjunction
- Prefix

Must Haves:

- Say sentence out loud
- Reread my sentence

As **Mathematicians**, we will:

- Understand the composition of number 6-10
- Understand how odd and even numbers can be partitioned
- Use 'first, then and now' stories to represent addition and subtraction equations
- Understand and use +, - and = symbols

Mastering Number

- Consolidate composition of number including doubles, odd and even structures and number bonds.

Key Vocabulary:

- Composition
- Addition
- Subtraction
- Equation
- Equal to

As **Scientists**, we will:

- Understand the differences between mammals, reptiles, amphibians, birds and fish
- Understand the differences between herbivores, carnivores and omnivores
- Group animals in different ways
- Work scientifically by asking different questions and by gathering data

Key Vocabulary:

- Herbivore
- Omnivore
- Carnivore
- Mammal
- Amphibian
- Reptile

As **Historians** we will:

- Learn about significant individuals from the past who have contributed to national and international achievements
- Learn about the work of Florence Nightingale and Mary Seacole
- Compare the similarities and differences between hospitals now and then

Key Vocabulary:

- Old
- New
- Hospital
- Past
- Present
- Nurse
- Crimea

As **Designers and Artists**, we will:

- Make simple prints using objects
- Learn about the artists Andy Warhol
- Draw into a polystyrene tile to make a print plate
- Use a print plate to create a sequenced print

Key Vocabulary:

- Shape
- Line
- Pattern
- Relief print
- Tile/print plate
- Impression

As **Computer Technologists** we will:

- Recognise keys on a keyboard, including letters, numbers, the space bar and backspace
- Type capital letters, using the shift + letter key
- Select text by double clicking or click and drag
- Edit text through the toolbar and use bold, italic, and underline

Key Vocabulary:

- Keyboard
- Toolbar
- Space bar
- Backspace
- Select
- Shift

In **PE** we will:

- Link movements together
- Travel in different directions
- Explore different rolls
- Use travel to move across and around a bench

Key Vocabulary:

- Tuck
- Pike
- Straddle
- Roll
- Direction
- Level

In **PSHE** we will:

- Learn about different strengths and interests and how these relate to the jobs people choose
- Think about people who help us

Key Vocabulary:

- Strengths
- Interests
- Jobs

As **Musicians**, we will:

- Perform an action or sound on a steady beat
- Perform chants and use different dynamics

Key Vocabulary:

- Pitch
- Compose