

24th October 2025

PSHE Week - "Power for Good"

Dear Parents and Carers,

The Solent Schools will be supporting National Anti-Bullying Week from 10th to 14th November 2025. The theme is 'Power for Good'.

The Infant School will be using the book "Kind" to explore how kindness can be a superpower that we can all show. We will be exchanging friendship tokens in the form of a smile, a kind word, or a caring gesture; we will be practising our Trick Box tricks so that we feel calm and confident, ready to spread kindness, throughout the week, in our classrooms, on the playground and at home. We will work together to create our own book of kindness using photographs, drawings and writing from all of our classes.

The Junior School will introduce the topic using the video *Power for Good*. Each year group will then explore the book *The Day You Begin*, which highlights how feeling different—whether due to your skin, clothes, accent, or anything that makes you unique—can be the starting point for sharing your story. This act of sharing can open the world to you and inspire others to share their own stories. The book will be used during Guided Reading sessions, throughout the week, to promote our ethos of tolerance and acceptance, and to spark meaningful discussions around *Power for Good*. Each class will also dedicate at least one hour each afternoon to immersive learning experiences that celebrate the Power for Good.

On Monday 10th November 2025, everyone in both the Infant and Junior Schools is invited to come to school wearing odd socks for the day. This will highlight the importance of tolerance and acceptance, and to celebrate the wonderful differences which make us all so unique and special.

Yours sincerely

Miss Cawthorne, Miss Palmer and Mrs Curthoys
PSHF leads



Solent Infant School, Evelegh Road, Farlington, Portsmouth, PO6 1DH Executive Headteacher Mrs L Wilby Head of School Mrs E Curthoys
Tel (023) 9237 1073 Email solentinfant@thesolentschools.org
Web solentinfant.thesolentschools.org

